

*Long Beach Diabetes Collaborative and
Long Beach Alliance for Food and Fitness present:*

Food Environment Forum

**How Your Health is Impacted by the Food Available
in Your Neighborhood**



Hosted by Jack Thomas, DO

Director, Pacific Family Medicine Clinic and host of Dr. Jack's House Calls

Featured Presenter: Sue Babey, PhD

*Research Scientist, UCLA Center for Health Policy Research, and co-author of
"Designed for Disease: The Link between Local Food Environments and Obesity
and Diabetes"*

Other presentations include:

Overview of Diabetes and Obesity in Long Beach

*Elisa Nicholas, MD, Executive Director, The Children's Clinic
Laurie Gruschka, MPH, Long Beach Diabetes Collaborative Coordinator, Long Beach Department
of Health and Human Services*

Menu Labeling Description

Julie Bolton, DO, Long Beach Department of Health and Human Services

How Community Gardens, Farmers Markets and Food Banks Can Help

*Jaide, Executive Director, Long Beach Organic
Arlene Mercer, Executive Director, Food Finders
Dale Whitney, Manager, Harbor Area Farmers Markets*

Update on Upcoming Food and Fitness Symposium

Elisa Nicholas, MD, Executive Director, The Children's Clinic

Wednesday, July 23, 2008

2:00 - 4:30 p.m.

(Spanish translation and childcare will be available)

Miller Family Health Education Center

3820 Cherry Avenue

Long Beach, CA 90807

For more information on the forum, contact Dr. Julie Bolton, LB DHHS, at (562) 832-7662.

RSVPs APPRECIATED. Space is limited. To RSVP, please contact Shawna Stevens at
(562) 570-7901 or shawna_stevens@longbeach.gov by **Friday, July 18th.**